

**Psalm 19**

5 Spiritual Disciplines

Bible Intake

2 Timothy 3:16-17

2 Peter 1:20-21

**Psalm 19:1-4** A psalm of David

**Romans 1:20** cross references with **Psalm 19**

**Psalm 19:46-**

**#1.** God reveals himself in this creation-nature

**19:7-10**

**#2.** His Word verse 7; Reviving – restoring – sin – Adam Redeemed – Jesus – Cross

**Romans 3** God's Word brings us back where we need to be

God's Word is Always True – It illuminates,

[**Psalm 119:105** [Your word is a lamp to my feet and a light to my path](#)]

Verse 8-9 God's word is Everlasting. God's Word is the answer – Speaking the Truth in Love.

Verse 10 - **#3. Our Desire** = take pleasure in or attached to.

**God's Perfect Law – Bible** – We should desire to be nourished and satisfied By God's Word.

- 1. Read it – Preparation – Routine – Desire**
- 2. Reflect on It – what is God saying to you?**
- 3. Remember it!** Memorize it.
- 4. Recount it – share it with someone**
- 5. Respond to it. (Just do it)**