

*Finding Yourself in the Psalms*  
*Psalm 62*  
*A Psalm When All You Have is God Alone*

Psalm 62 also from the time of Absalom's Rebellion  
3 stanza's of 4 verses each

**circle v. 1-2**

**circle v. 5-6**

**"God Alone"**

- I. God Is There When People Attack me. 62:1-4  
2 Samuel 16:5-14
  
- II. God is There When Life Overwhelms Me. 62:5-8
  
- III. God Alone is All I Ever Need.
  - A. Man's Life is nothing. 62:9
  - B. Man's wealth is nothing.
  - C. God's Character is Everything.
    1. God is strong
    2. God is Loving
    3. (Rabbi Kushner)
  
  - D. Things That Will Fail
    1. **RICHES**
      - a. Psalm 62:10 "10)Do not trust in extortion or take pride in stolen goods; though your riches increase, do not set your heart on them."
      - b. Proverbs 11:28 "28)Whoever trusts in his riches will fall, but the righteous will thrive like a green leaf."
      - c. Luke 12:18 "18)"Then he said, 'This is what I'll do. I will tear down my barns and build bigger ones, and there I will store all my grain and my goods."
    2. **SELF**
      - a. Proverbs 28:26 "26)He who trusts in himself is a fool, but he who walks in wisdom is kept safe."
    3. **OTHERS**
      - a. Jeremiah 17:5 "5)This is what the Lord says: "Cursed is the one who trusts in man, who depends on flesh for his strength and whose heart turns away from the Lord."
      - b. Psalm 108:12 "12)Give us aid against the enemy, for the help of man is worthless."
    4. **HEALTH**
      - a. Psalm 71:9 "9)Do not cast me away when I am old; do not forsake me when my strength is gone."

- b. Psalm 73:26 "26)My flesh and my heart may fail, but God is the strength of my heart and my portion forever."

5. **RIGHTEOUSNESS**

- a. Job 29:2-6
- b. Job 29:14-20
- c. Job 30:16-19
- d. Job 31:35-37

6. **WISDOM**

- a. Ecclesiastes 1:17 "17)Then I applied myself to the understanding of wisdom, and also of madness and folly, but I learned that this, too, is a chasing after the wind."