

Finding Yourself in the Psalms
Psalm 46
A Psalm for When You Need Strength

FOUR “THOUGH’S”

Even if these things happen, we will not fear. . .

1. The earth gives way
2. The mountains fall into the heart of the sea
3. The waters roar and foam
4. The mountains quake.

All the elements are affected (earth, mountains, water)

REASONS we can “be still” (v. 10)

1. The place of God . V. 4-7. *Reference to His millennial reign*
2. The works of God. V. 8-9
3. The Names of God
 - a. God. (V. 1). *Elohim. Creator*
 - b. Most High (v. 4). *El Elyon.* Genesis Gen 14:19 when Melchizedek blessed Abram. **Abraham was not the greatest, even after victory.** Dan 3:26. When Shadrach, Meshach and Abednego were delivered from the furnace. **Jehovah was higher than Nebuchadnezzar.**
 - c. Lord Almighty. The Lord of Hosts. Mighty in battle. *Used of Hannah at a time when Israel was defeated and there was no one to help. 1 Sam 1:11. Used when Assyria surrounded Judah. Isa. 37:14.*

God is the God of JACOB. The unlikely. The unlovely. The weak. The disadvantaged.