

Finding Yourself in the Psalms
Psalm 42
A Psalm When You Feel Far from God

- I. The Psalm. 42 and 43 go together/ Psalmist is away from the Temple (42:6). Longs to return.
 - A. Yearning for God. 42:1-5
 - 1. Cover of “Pursuit of God”
 - 2. Similar to Psalm 63. SOUL THIRSTS
 - a. Matthew 5:6
 - b. John 6:35 “Then Jesus declared. . .
 - B. The Reality of our Trials. 42:6-11
 - 1. Feeling as if we’re going down. 42:7
 - 2. Feeling as if we’re forgotten. 42:9
- II. Reasons we feel distanced from God
 - A. SIN
 - B. CIRCUMSTANCE
 - C. AFFLICTION
 - D. PERSECUTION
 - E. UNANSWERED PRAYER
 - F. Taking your grief and sorrow to the Lord.
- III. Experiencing God Once again
 - A. Confession of sin
 - B. Maintaining trusted disciplines
 - C. Sharing with other warriors
 - D. Admitting your need to the Lord

Psalm 62:1, 8 “Pour out your hearts before Him”