

Finding Yourself in the Psalms
Psalm 27
“A Psalm for Times You Feel Afraid.”

100's of phobias. (Driving, flying, shellfish)

Instructional fear - reverence - respect - learning
An ounce of fear is worth more than a pound of advice

Paralyzing fear - fear of something that has not happened.

Psalm 27. 2 Parts.

1-6. Victory over fear

7-14. Struggle with fear

- I. Confidence dispels fear. 27:1-3
 - A. “Only the one who says ‘The Lord is my Light,’ can say ‘of whom shall I fear?’”
 - B. Confidence in the power of God.
 - C. **Formula for victory over fear:**
 - 1. PRAISE. (27:4)
 - a. Paul and Silas in jail.
 - b. Deitrich Bonhoeffer. Journal entry about the song birds that could be heard inside the prison. “God is so gracious to me.”
 - 2. PERSPECTIVE. (27:1 “light,” “stronghold,”
 - a. Names of God.
 - b. Attributes of God
 - c. Promises of God
 - d. Blessings of God. Psalm 103:4
- II. Communion with God brings security. 27:4-6
 - A. Familiar with Psalm 91.
- III. Remember that God is in Control. 27:7-14
 - A. A Cry for help. 7-10. **Here the tone has changed. “Fear lies very near to faith” (Scrogie).**
 - 1. Some of our greatest fears and failures come at the heels of great victories.
 - a. Peter on the water
 - b. Elijah and the prophets of Baal. 1 Kings 19:3
 - B. A Cry for Instruction. 11-12
 - C. Affirmation that God is in Control. 13-14

Admitting your fear is important
Turning to God is even more important
D.