

*Finding Yourself in the Psalms*  
*Passing On the Heritage of Thankfulness*  
*Psalm 145*

Family heirlooms passed on from one generation to another

- jewelry
- grandpa's Bible
- *certain traditions (meals, recipes, holiday traditions)*

All of us aspire to pass on our Christian Faith to our children

Psalm 145 - passing on the **Practice of Thankfulness and Praise**

INTRO TO PSALM

- **Inscription** - "A Psalm of Praise"
- Written by David (David's last in the Psalms)
- Called "The Crown Jewel of the Psalms"
- Called "The Grand Doxology"
- Alphabetic acrostic. **From A-Z we have a reason to Praise God!**
- The opening of the final 5 Psalms - all expressing Praise to God.

I. The Practice of Praising God. 145:4

A. EXAMPLES:

1. The Exodus Generation. De 6:6, 7, 12
2. Worshipers. Psalm 78:4,6