

Finding Yourself in the Psalms
Psalm 142
A Psalm When No One Understands But God

FOCUS: 142:3a

140-143 4 Psalms crying out to the Lord

- 140 Protection from the wicked
- 141 protection for my words and my way
- 142 protection for my spirit
- 143 protection from my fears

Have you ever felt like giving up?
Wilkerson's book

- I. David Felt DESERTED. 142:4
- II. David Felt DESPERATE. 142:6a
- III. David Felt DEFEATED. 142:6b
- IV. Things To Remember When You're Stuck in a Cave
 - A. The Lord knows exactly where you are. 142:3a
 - B. The Lord learn is just.
 - 1. Psalm 37:1-6
 - 2. Psalm 140:12
 - C. Cave Dwelling has its privileges
 - 1. To learn God's purposes. Psalm 57:2
 - 2. To learn a new song of worship. Psalm 57:7-8
 - 3. To confirm our commitment to the Lord. (Psalm 119:71) "It was good for me to be afflicted so that I might learn your decrees."
 - 4. To testify of God's goodness. Psalm 57:9
 - 5. To encourage other cave dwellers. 1 Samuel 22:1-4
 - D. There are others in the cave too!
 - 1. Psalm 142:7
 - 2. 1 Samuel 22:1-4
 - 3. Elijah was not alone! His perspective was wrong! 1 Kings 19:3-5, 15-18
 - E. The Lord has plans for you beyond cave dwelling.
 - 1. Psalm 142:7
 - 2. 1 Samuel 22:5