

*Finding Yourself in the Psalms*  
*Psalm 140*  
*A Psalm To Help When You're Under Attack*

**David contributed to his own troubles many times**

**David also suffered at the hands of others**

- Psalm 52 “Doeg the Edomite” (betrayed the priests that provided for David’s men - inscription of the Psalm)
- Psalm 55 “Ahithophel” (David’s counselor that went to Absalom - 55:9, 12)
- Psalm 3 “Absalom” (inscription)
- Psalm 57, 142 “in the cave when Saul pursued him” (inscription)

There are times we find ourselves in trouble because of our own failures.

There are times we are persecuted for righteousness.

**(Psalm 49:5) "Why should I fear when evil days come, when wicked deceivers surround me—"**

**(2 Timothy 3:12) "In fact, everyone who wants to live a godly life in Christ Jesus will be persecuted,"**

- (Matthew 5:10) "*Blessed are those who are persecuted because of righteousness, for theirs is the kingdom of heaven.*"
- (John 15:20) "*Remember the words I spoke to you: 'No servant is greater than his master.' If they persecuted me, they will persecute you also. If they obeyed my teaching, they will obey yours also.*"

**FIVE PARTS to Psalm 140 (Scrogie)**

1. The WORDS of the wicked. 1-3
2. The HANDS of the wicked. 4-5
3. The PLANS of the wicked. 6-8
4. The FATE of the wicked. 9-11
5. The PURPOSE of the wicked. 12-13
  - a. (Proverbs 16:4) "*The Lord works out everything for his own ends— even the wicked for a day of disaster.*"
  - b. Psalm 140:12. To cause the righteous to trust in Him
  - c. To prove himself righteous.

**WHAT to DO During EVIL DAYS**

1. Do not be surprised when the attack comes in an area of great significance or victory in your life.
  - a. Child to a father: “you don’t care”
  - b. From someone you are trying to help
  - c. In an area of great importance or sensitivity
2. Allow the Lord to be your defender.. 1 Peter 2:19-23
3. Allow the wicked to be caught in their own trap.
  - a. (Nehemiah 4:4-5) "*Hear us, O our God, for we are despised. Turn their insults back on their own heads. Give them over as plunder in a land of captivity. Do not cover up their*

*guilt or blot out their sins from your sight, for they have thrown insults in the face of the builders."*

- b. (Psalm 7:14-16) *"He who is pregnant with evil and conceives trouble gives birth to disillusionment. He who digs a hole and scoops it out falls into the pit he has made. The trouble he causes recoils on himself; his violence comes down on his own head."*
- c. (Psalm 9:15) *"The nations have fallen into the pit they have dug; their feet are caught in the net they have hidden."*
- d. (Psalm 10:2) *"In his arrogance the wicked man hunts down the weak, who are caught in the schemes he devises."*
- e. **(Psalm 141:8-10)** *"But my eyes are fixed on you, O Sovereign Lord; in you I take refuge—do not give me over to death. Keep me from the snares they have laid for me, from the traps set by evildoers. Let the wicked fall into their own nets, while I pass by in safety."*
- f. (Proverbs 11:5) *"The righteousness of the blameless makes a straight way for them, but the wicked are brought down by their own wickedness."*
- g. (Proverbs 29:6) *"An evil man is snared by his own sin, but a righteous one can sing and be glad."*

4. Consider God's glory above your own comfort. Psalm 140:8, 11

5. Keep eternity in view. **2 Thess 1:4-7**

6. Trust the Lord to build strengthen and protect you. Psalm 140

#### **WHAT EVIL DAYS Do To YOU**

- 1. Deepen our dependence on the Lord
- 2. Motivate us to Prayer
- 3. Cause intense self examination.
- 4. Keep us from Boasting. 2 Corinthians 12:7
- 5. Make us tender towards those who are hurt.
- 6. Prepare us to comfort others. 2 Cor 1:3-4
- 7. Allows us to identify with the Sufferings of Christ. (1 Peter 2:21) *"To this you were called, because Christ suffered for you, leaving you an example, that you should follow in his steps."*