

Finding Yourself in the Psalms
Psalm 130
“A Psalm for Sinners.”

One of 7 penitential psalms (6, 32, 38, 51, 102, 130, 143)

Follows a lament psalm (129):

“When we have overcome the trials which arise from man, we are the better prepared to meet those sharper sorrows which arise out of our matters towards God” *Spurgeon.*

Similarity with Hezekiah’s song after he had been healed from his illness. **Isaiah 38:9, 13, 17**

OUTLINE:

8 verses

8 cries to God

2 main divisions with two sub divisions each

Psalm 130 (NIV)

1 A song of ascents.

Out of the depths I cry to you, O LORD; 2 O Lord, hear my voice. Let your ears be attentive to my cry for mercy.

3 If you, O LORD, kept a record of sins, O Lord, who could stand? 4 But with you there is forgiveness; therefore you are feared.

5 I wait for the LORD, my soul waits, and in his word I put my hope. 6 My soul waits for the Lord more than watchmen wait for the morning, more than watchmen wait for the morning.

7 O Israel, put your hope in the LORD, for with the LORD is unfailing love and with him is full redemption. 8 He himself will redeem Israel from all their sins.

I. Waiting On the Lord. 1-4

A. Earnest supplication. 1-2

B. Joyful consolation. 3-4

II. Waiting For the Lord. 5-8

A. Trustful expectation. 5-6

B. Stirring exhortation. 7-8

I. Waiting On the Lord. 1-4

A. Earnest supplication. 1-2

1. **Out of the depths.**

a. *Realization of sin*

b. *Brokenness. Psl 32: 3 “When I kept silent my bones wasted away.”*

c. *“Deep places beget deep devotion” (Spurgeon)*

2. **O LORD, hear my voice.”**

a. *Knows God will hear him*

- b. Verbal prayer important. Praying with others important.
- c. DOESN'T SAY "O Lord, ANSWER my prayer." More important that God hear than that he answer.

B. Joyful consolation. 3-4

- 1. KJV "If thou LORD should'st mark iniquity, who shall stand?"
- 2. Our sin overwhelmed us. Ps 38:4; 40:12
- 3. Isa 38:17 "Sins behind your back."
- 4. Psa 103:12 "as far as the east is separated from the west, so far has he removed our transgressions from us"
- 5. "With you there is forgiveness." **God's mercy prompts**
 - a. OBEDIENCE
 - b. WORSHIP

II. Waiting For the Lord. 5-8

A. Trustful expectation. 5-6

- 1. WAITING. (Worship. Service. Patience. Learning.)
- 2. "In His Word." God has spoken. Don't look for new revelation. **EX 20!**
- 3. A Watchman.

B. Stirring exhortation. 7-8

- 1. God can be trusted.
- 2. Hesed. Loyal love.
- 3. The promise of forgiveness.